

CURRICULUM VITAE

**EDWARD ANDREW SELBY**

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**ACADEMIC APPOINTMENTS**

- 2011 - Present      **Assistant Professor** – Tenure Track  
Department of Psychology – Clinical Ph.D. Program  
Director – Emotion and Psychopathology Lab  
***Rutgers, The State University of New Jersey***  
New Brunswick, NJ (Flagship Campus)
- 2013 - Present      **Core Faculty**  
Institute for Health, Healthcare Policy, and Aging Research  
***Rutgers, The State University of New Jersey***
- 2011 – 2013        **Affiliated Faculty**  
Institute for Health, Healthcare Policy, and Aging Research  
***Rutgers, The State University of New Jersey***

**LICENSURE**

- 2013 – Present      Licensed Psychologist, State of New York (NY#020331)

**EDUCATION**

- 2011                ***The Florida State University*** – Tallahassee, Florida  
*PhD – Doctor of Philosophy in Clinical Psychology*  
*Pre-Doctoral Fellow, National Institute of Mental Health (NIMH)*
- 2010-2011        ***Brown University - Warren Alpert Medical School*** – Providence, Rhode Island  
*Psychology Residency (APA Accredited)*
- 2007                ***The Florida State University*** – Tallahassee, Florida  
*MS – Master of Science in Clinical Psychology*
- 2005                ***University of Wyoming, with Honors*** – Laramie, Wyoming  
*BA – Bachelor of Arts in Psychology*  
*BS – Bachelor of Science in Physiology and Neuroscience*

## **HONORS AND AWARDS**

- 2013 – *International Academy of Suicide Research (IASR) Young Investigator Award*, \$1500
- 2012 - *Families for Borderline Personality Disorder Research Investigator*, Brain & Behavior Research Foundation
- 2012-2014 - *National Institute of Mental Health Student Loan Repayment Grant for Clinical Research*
- 2011 - *American Psychological Association (APA) Division 12 Distinguished Student Research Award*, Society of Clinical Psychology
- 2011 - *Jane West Research Award*, Department of Psychology, Florida State University, \$750
- 2010 - *Outstanding Research and Creativity Award*, Florida State University, \$500
- 2009 - *American Psychological Foundation/Congress of Graduate Departments of Psychology (APF-COGDOP) Graduate Research Scholarship*, \$1,000
- 2009 - *The Neil S. Jacobson Award for Outstanding and Innovative Clinical Research*, Association for Behavioral and Cognitive Therapies (ABCT), \$5,000
- 2008- *Ruth L. Kirschstein National Research Service Award (NRSA)*, National Institutes of Health (NIH)
- 2008 - *Dissertation Research Fellowship*, Florida State University, \$750
- 2008 - *First Place Empirical Article Competition*, FSU Psychology Clinic, \$500
- 2006-2009 - *FSU Congress of Graduate Students Conference Presentation Grants*
- 2005 - *Graduate Research Fellowship*, National Science Foundation – Honorable Mention
- 2005 - Phi Beta Kappa
- 2005 - Phi Kappa Phi
- 2004 - *EPSCoR Research Fellowship*, National Science Foundation, \$5,000
- 2004 - *College of Arts and Sciences Independent Study Award*, University of Wyoming, \$5,000
- 2004 - *Paul Stock Travel Grant*, University of Wyoming
- 2004 - *Travel Award*, Department of Psychology, University of Wyoming
- 2001-2005 - *Presidential Scholarship*, University of Wyoming

## **EXTRAMURAL RESEARCH SUPPORT**

### Current

#### **Brain and Behavior Foundation – NARSAD Young Investigator Grant**

Title: Emotion Dysregulation and Psychophysiology in Borderline Personality Disorder and Bulimia Nervosa

Role: Principle Investigator

Period: January 15, 2013 – January 14, 2015

Direct Costs: \$60,000

### Completed

#### **1 F31 MH081396-01A2**

National Institute of Mental Health (NIMH), National Research Service Award

Title: *Emotional and Behavioral Dysregulation in Borderline Personality Disorder*

Role: Principle Investigator [Sponsor: Thomas E. Joiner, Jr.]  
Period: September 2008 – September 2010  
Total Costs: \$72,392

Pending

**1 RO1 MH100413-01** (Revision Under Review)

National Institute of Mental Health (NIMH)

Title: Development of a Therapeutic Smartphone App for Borderline Personality Disorder

Role: Principle Investigator

Period: June 1, 2013-May 31, 2017

Direct Costs: \$1,165,462

Priority Score: 39 - Excellent

Consulting

**W81XWH-09-1-0737**

**Suicide Prevention and Counseling Research**

Military Operational Medicine Research Program (MOMRP), Department of Defense

Title: *Optimizing Screening and Risk Assessment for Suicide Risk in the U.S. Military*

Role: Consultant [PI: Thomas E. Joiner, Jr.]

Period: July 2009-July 2011

Total Costs: \$753,160

Unfunded

**MQ Mental Health Early Investigator Research Fellowship**

Title: Reward Responding and Parasympathetic Reactivity in Anorexia Nervosa

Role: Principle Investigator

Period: February 1, 2014-February 1, 2017

Direct Costs: \$330,000

P50 RFA-OD-11-003 Shors (PI)

07/01/2012-07/01/2017

*Sexual Trauma and Depression: Sex Differences in Brain Function and Recovery*

**National Institute of Mental Health Center Research Grant on Sex Difference Research**

Amount Requested: \$7,500,000.00 (Project 2 Budget: \$1,500,000)

Role: Primary Investigator for Project 2

Priority Score: Not scored

**INTRAMUREL RESEARCH SUPPORT**

Current

**Rutgers University Faculty Research Grant Award #281707**

Title: *Comfort Eating: What Works and What Doesn't*

Role: Principle Investigator

Period: 7/1/2012 – 12/31/13

Total Costs: \$47,190

**Charles and Johanna Busch Memorial Fund for Biomedical Research**

Title: Mental and Physical (MAP) Training to Improve Cognitive Performance and Reduce Symptoms of Depression

Role: Principle Investigator (Co-PI: B. Alderman)

Period: 7/1/2013-5/1/2015

Total Costs: \$25,000

**PEER REVIEWED PUBLICATIONS AND CHAPTERS (N = 50)**

**h-index: 15 (1022 citations, Google Scholar)**

\* indicates student under my supervision

In Press

Ribeiro, J. D., Witte, T. K., Van Orden, K. A., **Selby, E. A.**, Gordon, K. H., Bender, T. W., & Joiner, T. E. (in press). Fearlessness about death: The psychometric properties and construct validity of the revision to the acquired capability for suicide scale. Psychological Assessment.

Sachs-Ericsson, N., Hames, J. L., Joiner, T. E., Corsentino, E., Rushing, N., Palmer, E., Gotlib, I. H., **Selby, E. A.**, Zarit, S., & Steffens, D. C. (in press). Differences between suicide attempters and non-attempters in depressed older patients: Depression severity, white matter lesions, and cognitive functioning. American Journal of Geriatric Psychiatry.

**Selby, E. A.** (in press). Binge eating disorder: Clinical considerations. Continuing Education Series. Boston, MA: Western Schools Publishing.

**Selby, E. A.** (in press). Clinician's guide to the DSM-5. Continuing Education Series. Boston, MA: Western Schools Publishing.

**Selby, E. A.**, Franklin, J., \*Carson-Wong, A., & Rizvi, S. L. (in press). Emotional Cascades and Self-Injury: Investigating Instability of Rumination and Negative Emotion. Journal of Clinical Psychology.

**Selby, E. A.**, Joiner, T. E., Jr., & Ribeiro, J. D. (in press). Comprehensive theoretical models of suicidal behaviors. In M. K. Nock (Ed.). Oxford Handbook of Suicide and Self-Injury. Oxford University Press.

**Selby, E. A.**, \*Kranzler, A., & \*Panza, E. (in press). The development of emotional cascades in borderline personality disorder. In J. L. Tackett, & C. Sharp (Eds.). Handbook of Borderline Personality Disorder in Children and Adolescents. New York: Springer.

**Selby, E. A.**, & McHugh, R. K. (in press). Borderline personality disorder symptoms and treatment seeking over the past 12-months: An investigation using the National Comorbidity Survey – Replication (NCS-R). Journal of Clinical Psychiatry.

**Selby, E. A.**, Wonderlich, S. A., Crosby, R. D., Engel, S. G., \*Panza, E., Mitchell, J. E., Crow, S. J., Peterson, C. B., & le Grange, D. (in press). Nothing tastes as good as thin feels:

Low positive emotion differentiation and weight loss activities in anorexia nervosa. Clinical Psychological Science.

**Selby, E. A.**, & Yen, S. (*in press*). 6-month trajectory of suicidal ideation in adolescents with borderline personality disorder. Suicide and Life-Threatening Behavior.

### 2013

Sachs-Ericsson, N., Corsentino, E., Moxley, J., Hames, J. L., Rushing, N. C., Sawyer, K., Joiner, T., **Selby, E. A.**, Zarit, S., Gotlib, I. H., & Steffens, D. C. (2013). A longitudinal study of differences in late and early onset geriatric depression: Depressive symptoms and psychosocial, cognitive, and neurological functioning. Aging and Mental Health, 17, 1-11.

**Selby, E. A.** (2013). Chronic sleep disturbances and borderline personality disorder symptoms. Journal of Consulting and Clinical Psychology, 81, 941-947.

**Selby, E. A.**, & Joiner, T. E., Jr. (2013). Emotional cascades as prospective predictors of dysregulated behaviors in borderline personality disorder. Personality Disorders: Theory, Research, & Treatment, 4, 168-174.

(Article highlighted in the January 2013 Issue of *Clinician's Research Digest*)

**Selby, E. A.**, Ribeiro, J., & Joiner, T. E. (2013). What dreams may come: Emotional cascades and nightmares in borderline personality disorder. Dreaming, 23, 126-144.

**Selby, E. A.**, Yen, S., & Spirito, A. (2013). Time Varying Prediction of Suicidal Ideation in Adolescents: Weekly Ratings over Six Month Follow-Up. Journal of Clinical Child and Adolescent Psychology, 42, 481-495.

\*Ward, A., Bender, T. W., Gordon, K. H., Nock, M. K., Joiner, T. E., & **Selby, E. A.** (2013). Post-therapy functional impairment as a treatment outcome measure in non-suicidal self-injury (NSSI) disorder using archival data. Personality and Mental Health, 7, 69-79.

Yen, S., Weinstock, L., Andover, M., Sheets, E., **Selby, E. A.**, & Spirito, A. (2013). Prospective predictors of adolescent suicidality: Six month post hospitalization follow-up. Psychological Medicine, 43, 983-993.

\*Yu, J., & **Selby, E. A.** (2013). Interpersonal problems and negative affective instability in binge eating. Journal of Social and Clinical Psychology, 32, 465-481.

### 2012

Anestis, M. D., Fink, E. L., Bender, T. **Selby, E. A.**, Smith, A., Witte, T., & Joiner, T. E. (2012). Painful and provocative events account for the relationship between negative urgency and suicidality. Personality and Mental Health, 6, 138-146.

Hames, J. L., **Selby, E. A.**, Werner, J., Bonds, L., & Joiner, T. E. (2012). Recapturing the way history felt: Evaluating the invariance of the factor structure of emotion over two historical epochs. Personality and Individual Differences, 52(5), 652-655.

Sachs-Ericsson, N., Keel, P. K., Holland, L., **Selby, E. A.**, Verona, E., Coughle, J. R., & Palmer, E. (2012). Parental disorders, childhood abuse, and binge eating in a large community sample. International Journal of Eating Disorders, 45, 316-325.

- Sachs-Ericsson, N., **Selby, E. A.**, Corsentino, E., Collins, N., Sawyer, K., Hames, J., Arce, D., Joiner, T. E., & Steffens, D. C. (2012). Depressed older patients with the atypical features of interpersonal rejection sensitivity and non-vegetative symptoms are similar to younger atypical patients. American Journal of Geriatric Psychiatry, 20, 622-634.
- Selby, E. A.**, Bender, T. W., Gordon, K. H., Nock, M. K., & Joiner, T. E. (2012). Non-suicidal self-injury (NSSI) disorder: A preliminary study. Personality Disorders: Theory, Research, & Treatment, 3, 167-175.
- Selby, E. A.**, Doyle, P., Wonderlich, S., Crosby, R., Engel, S., & Mitchell, J. (2012). Momentary emotion surrounding bulimic behaviors in women with bulimia nervosa and borderline personality disorder. Journal of Psychiatric Research, 46, 1492-1500.  
(Article highlighted in the January 2013 Issue of *Clinician's Research Digest*)

## 2011

- Anestis, M. D., Bender, T. W., **Selby, E. A.**, Ribeiro, J. D., & Joiner, T. E., Jr. (2011). Sex and emotions in the acquired capability for suicide. Archives of Suicide Research, 15(2), 172-182.
- Braithwaite, S. R., **Selby, E. A.**, & Fincham, F. D. (2011). Forgiveness and relationship satisfaction: Mediating mechanisms. Journal of Family Psychology, 24(4), 551-559.
- Ribeiro, J. D., Bender, T. W., **Selby, E. A.**, Hames, J., & Joiner, T. E. (2011). Development and validation of a brief self-report measure of agitation: The Brief Agitation Measure. Journal of Personality Assessment, 93, 597-604.
- Timmons, K. A., **Selby, E. A.**, Lewinsohn, P., & Joiner, T. E., Jr. (2011). Displacement, burdensomeness, and belongingness in youth suicidal behavior. Journal of Clinical Child and Adolescent Psychology, 40, 807-817.

## 2010

- Anestis, M. D., Fink, E., Smith, A., **Selby, E. A.**, & Joiner, T. E., Jr. (2010). Eating Disorders. In M. Zvolensky, A. Bernstein, & A. Vujanovic (Eds.). *Distress Tolerance: Theory, Research, and Clinical Applications*. New York: Guilford.
- Anestis, M. D., **Selby, E. A.**, Crosby, R. D., Wonderlich, S. A., Engel, S. G., & Joiner, T. E. (2010). A comparison of retrospective self-report versus ecological momentary assessment measures of affective lability in the examination of its relationship with bulimic symptomatology. Behaviour Research and Therapy, 48(7), 607-613.
- Fink, E. L., Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (2010). Negative urgency fully mediates the relationship between alexithymia and dysregulated behaviors. Personality and Mental Health, 4, 284-293.
- Gordon, K. H., **Selby, E. A.**, Anestis, M. D., Bender, T. W., Witte, T. K., Braithwaite, S. R., Van Orden, K. A., Bresin, K., & Joiner, T. E., Jr. (2010). The reinforcing properties of repeated deliberate self-harm. Archives of Suicide Research, 14, 329-341.
- Selby, E. A.**, Anestis, M. D., Bender, T. W., Ribeiro, J. D., Nock, M. K., Rudd, M. D., Bryan, C. J., Lim, I. C., Baker, M. T., Gutierrez, P. M., & Joiner, T. E., Jr. (2010). Overcoming the

fear of lethal injury: Evaluating suicide in the military through the lens of the interpersonal-psychological theory of suicide. Clinical Psychology Review, 30, 298-307.

- Selby, E. A.**, Bulik, C. M., Thornton, L., Brandt, H. A., Crawford, S., Fichter, M. M., Halmi, K. A., Jacoby, G. E., Johnson, C. L., Jones, I., Kaplan, A. S., Mitchell, J. E., Nutzinger, D. O., Strober, M., Treasure, J., Woodside, D. B., Kaye, W. H., & Joiner, T. E., Jr. (2010). Refining behavioral dysregulation in borderline personality disorder with a sample of women diagnosed with anorexia nervosa. Personality Disorders: Theory, Research, and Treatment, 1(4), 250-257.
- Selby, E. A.**, \*Connell, L. D., & Joiner, T. E., Jr. (2010). The pernicious blend of rumination and fearlessness in non-suicidal self-injury. Cognitive Therapy and Research, 34(5), 421-428.
- Selby, E. A.**, Smith, A., Bulik, C. M., Olmsted, M. P., Thornton, L., McFarlane, T. L., Berrettini, W. H., Brandt, H. A., Crawford, S., Fichter, M. M., Halmi, K. A., Jacoby, G. E., Johnson, C. L., Jones, I., Kaplan, A. S., Mitchell, J. E., Nutzinger, D. O., Strober, M., Treasure, J., Woodside, D. B., Kaye, W. H., & Joiner, T. E., Jr. (2010). Habitual Starvation and Provocative Behaviors: Two Routes to Extreme Suicidal Behavior in Anorexia Nervosa. Behaviour Research and Therapy, 48(7), 634-645.
- Selby, E. A.**, \*Ward, A. C., & Joiner, T. E., Jr. (2010). Dysregulated eating behaviors in borderline personality disorder: Are rejection sensitivity and emotion dysregulation linking mechanisms? International Journal of Eating Disorders, 43(7), 667-670.
- Van Orden, K. A., Witte, T. K., Cukrowicz, K. C., Braithwaite, S. R., **Selby, E. A.**, & Joiner, T. E., Jr. (2010). The interpersonal theory of suicide. Psychological Review, 117(2), 575-600.

## 2009

- Anestis, M. D., Anestis, J. C., **Selby, E. A.**, & Joiner, T. E. (2009). Anger rumination across forms of aggression. Personality and Individual Differences, 46, 192-196.
- Joiner, T. E., Jr., Van Orden, K. A., Witte, T.K., **Selby, E. A.**, Ribiero, J. D., Lewis, R., & Rudd, M. D. (2009). Main predictions of the interpersonal-psychological theory of suicidal behavior: Empirical tests in two samples of young adults. Journal of Abnormal Psychology, 118(3), 634-646.
- Selby, E. A.**, Anestis, M. D., Bender, T. W., & Joiner, T. E. (2009). An exploration of the emotional cascade model in borderline personality disorder. Journal of Abnormal Psychology, 118(2), 375-387.  
*(Rated the #1 article downloaded from Journal of Abnormal Psychology July-Sept. 2009 - ScienceDirect)*
- Selby, E. A.**, & Joiner, T. E., Jr. (2009). Cascades of emotion: The emergence of borderline personality disorder from emotional and behavioral dysregulation. Review of General Psychology, 13(3), 219-229.  
*(Rated the #3 article downloaded from Review of General Psychology Oct.-Dec. 2009 – ScienceDirect)*

**Selby, E. A., & Joiner, T. E., Jr.** (2009). Ethnic variations in the structure of borderline personality disorder symptomatology. Journal of Psychiatric Research, 43, 115-123.

#### 2008

**Selby, E. A., Anestis, M. D., & Joiner, T. E.** (2008). Understanding the connection between emotional and behavioral dysregulation: Emotional cascades. Behaviour Research and Therapy, 46(5), 593-611.

**Selby, E. A., Braithwaite, S. R., Joiner, T. E., & Fincham, F. D.** (2008). Features of borderline personality disorder, childhood emotional invalidation, and dysfunction within current romantic relationships. Journal of Family Psychology, 22(6), 885-893.

Van Orden, K. A., Witte, T. K., **Selby, E. A.**, Bender, T. W., & Joiner, T. E. (2008). Suicidal behavior in youth. In J. R. Z. Abela & B. L. Hankin (Eds.). *Depression in Children and Adolescents: Causes, Treatment, and Prevention*. New York: Guilford.

#### 2007

Anestis, M. D., **Selby, E. A.**, Fink, E., & Joiner, T. E. (2007). The multifaceted role of distress tolerance in dysregulated eating behaviors. International Journal of Eating Disorders, 40, 718-726.

Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (2007). The role of urgency in maladaptive behaviors. Behaviour Research and Therapy, 45, 3018-3029.

Joiner, T. E., Sachs-Ericsson, N. J., Wingate, L. R., Brown, J. S., Anestis, M. D., & **Selby, E. A.** (2007). Childhood physical and sexual abuse and lifetime number of suicide attempts: A persistent and theoretically important relationship. Behaviour Research and Therapy, 45(3), 539-547.

**Selby, E. A., Anestis, M. D., & Joiner, T. E. Jr.** (2007). Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality. Behavior Modification, 31(6), 867-879.

#### OTHER PUBLICATIONS

**Selby, E. A.** (2009-2011). Overcoming Self-Sabotage: Understanding and Regulating Destructive Behaviors.

- Professional Blog maintained for the magazine *Psychology Today*.

**Selby, E. A.** (2011). Self-Sabotage. Invited cover story for the magazine *Psychology Today*.

#### INVITED PRESENTATIONS

**International Academy for Suicide Research** (June, 2013), Young Investigator Award Research Presentation, Montréal, Québec, Canada.

**Yale University** (March, 2013), Clinical Psychology Colloquium, Department of Psychology, New Haven, CT.



**University of Colorado at Boulder** (January, 2013), Psychology Colloquium, Department of Psychology, Boulder, CO.

**National Education Alliance for Borderline Personality Disorder** (November, 2012).

**Université Concordia** (December, 2010), Psychology Colloquium, Department of Psychology, Montréal, Québec, Canada.

**University of Nevada – Las Vegas** (December, 2010), Psychology Colloquium, Department of Psychology, Las Vegas, NV.

**Rutgers, The State University of New Jersey** (November, 2010), Psychology Colloquium, Department of Psychology, New Brunswick, NJ.

**Florida State University** (April, 2010), Department of Psychology, Celebration of Graduate Student Research Day, Tallahassee, FL.

**Florida Borderline Personality Disorder Association** (October, 2009), Keynote Address, 2<sup>nd</sup> Annual Conference, St. Petersburg, FL.

**Neuropsychiatric Research Institute** (June, 2009), Fargo, ND.

**Florida State University** (December, 2006), Department of Sociology, Tallahassee, FL.

## **CONFERENCE PRESENTATIONS**

### 2013

**Selby, E. A.**, \*Panza, E., \*Kranzler, A. (2013, June). *Comparing problems in emotion dysregulation in those with self-injury, disordered eating, and comorbid symptoms*. Presentation at the Annual International Society for the Study of Self-Injury Conference in Vancouver, BC, Canada.

Shors, T. J., Olson, R., **Selby, E. A.**, \*Kranzler, A., \*Panza, E., Anderson, M., Loisel, R., Tammineedi, P., Eddie, D., Bates, M., & Alderman, B. (June). *Mind does matter: Using mental and physical skills (MAP) training to enhance brain health and human happiness*. Symposium to be presented at the Mind & Life Institute Summer Research Institute, Garrison, NY.

### 2012

**Selby, E. A.** (November). *What dreams may come: Emotional cascades and nightmares in borderline personality disorder*. Presentation at the Annual European Association for Behavioral and Cognitive Therapies (EABCT) Conference in Geneva, Switzerland.

**Selby, E. A.** (September). *What dreams may come: Emotional cascades and nightmares in borderline personality disorder*. Presentation at the Annual European Association for Behavioral and Cognitive Therapies (EABCT) Conference in Geneva, Switzerland.

**Selby, E. A.** (August). *Changing emotion dysregulation – A treatment development perspective*. Discussant for a clinical symposium presented at the Annual American Psychological Association Convention in Orlando, Florida.

**Selby, E. A.** (April). *Using technology to enhance the treatment of borderline personality disorder*. Presentation at the Annual Conference for Enhancing Technology in Clinical Practice in New Brunswick, New Jersey.

### 2011

Loch, N., Hiller, W., **Selby, E. A.**, & Witthoef, M. (September). *Intrusions may fuel emotional cascades and subsequent dysregulated behavior*. Presentation given at the Annual European Association for Behavioral and Cognitive Therapies (EABCT) Conference in Reykjavik, Iceland.

**Selby, E. A.**, & Yen, S. (November). *Dynamically assessing suicidal ideation post-hospitalization in high risk adolescents*. Presentation in the Emotion Dysregulation and Suicidality Symposium at the 45<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies in Toronto, Ontario, Canada.

### 2009

**Selby, E. A.**, Bender, T. W., Gordon, K. H., & Joiner, T. E. (November). *Non-suicidal Self-Injury (NSSI) Disorder: Separate affliction or subclinical variant of borderline personality disorder?* Paper presented as part of a seminar on New Conceptual and Methodological Approaches to the Study of Self-Injury at the 43<sup>rd</sup> Annual Association for Behavioral and Cognitive Therapies, New York City, New York.

2007

Gordon, K. H., **Selby, E. A.**, Bender, T. W., Anestis, M. D., Braithwaite, S. R., Witte, T. K. & Joiner, T.E. (November). *The reinforcing properties of non-suicidal self-injurious behavior.* Seminar presentation and discussion at the Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

## **CONFERENCE POSTERS**

2013

\*Panza, E., \*Kranzler, A., Ramirez, A., & **Selby, E. A.** (November). Emotional clarity as a predictor of emotional reactivity. Poster to be presented at the 47<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies, Nashville, Tennessee.

\*Kranzler, A., \*Panza, E., Nock, M. K., & **Selby, E. A.** (August). The role of adaptive coping strategies in adolescent non-suicidal self-injury. Poster to be presented at the Annual American Psychological Association Conference, Honolulu, Hawaii.

2011

**Selby, E. A.**, & Yen, S. (March). *Longitudinal Predictors of Suicidal Ideation in Adolescent Suicide Attempters.* Poster presented at the 14<sup>th</sup> Annual Research Symposium on Mental Health Sciences, Brown University – Department of Psychiatry and Human Behavior, Providence, Rhode Island.

2010

Braithwaite, S. R., **Selby, E. A.**, & Fincham, F. (November). *Forgiveness and relationship satisfaction: Mediating mechanisms.* Poster presented at the 44<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies, San Francisco, California.

**Selby, E. A.**, Smith, A. S., Bulik, C., Thornton, L., & Joiner, T. E. (November). *Habitual starvation and provocative behaviors: Two potential routes to extreme suicidal behavior in anorexia nervosa.* Poster presented at the 44<sup>th</sup> Annual Association for Behavioral and Cognitive Therapies, San Francisco, California.

2008

**Selby, E. A.**, Anestis, M. D., Bender, T. W., & Joiner, T.E. (November). *Emotional cascades and borderline personality disorder.* Poster presented at the 42<sup>nd</sup> Annual Association for Behavioral and Cognitive Therapies, Orlando, Florida.

2007

**Selby, E. A.**, Anestis, M. D., Bender, T. W., & Joiner, T. E. (November). *Daydreaming about death: Violent daydreaming as a form of emotion dysregulation in suicidality.* Poster presented at the 41<sup>st</sup> Annual Association for Behavioral and Cognitive Therapies, Philadelphia, Pennsylvania.

2006

Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (November). *The role of urgency in behavioral dysregulation.* Poster presented at the 40<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

Anestis, M. D., **Selby, E. A.**, & Joiner, T. E. (November). *Urgency as a risk factor in bulimia nervosa despite the use of positive reappraisal.* Poster presented at the 40<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

**Selby, E. A.**, Anestis, M. D., Bender, T. W. & Joiner, T. E. (November). *Burdensomeness and belongingness mediate the relationship between depression and hopelessness.* Poster presented at the 40<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

**Selby, E. A.**, Anestis, M. D., & Joiner, T. E. (November). *An emotion dysregulation model of bulimia nervosa*. Poster presented at the 40<sup>th</sup> Annual Convention for the Association for Behavioral and Cognitive Therapies, Chicago, Illinois.

2004

**Selby, E. A.** & Scott, W. D. (November). *Individuals With a History of Syndromal Depression: Affect Repair and Rumination*. Poster presented at the 38<sup>th</sup> Annual Convention for the Association for the Advancement of Behavior Therapy, New Orleans, Louisiana.

## **EDITORIAL ACTIVITIES**

**Ad Hoc Journal Reviewer:** Approximately 6-7 papers reviewed monthly

*Bipolar Disorders – An International Journal of Psychiatry and Neurosciences, 2010-present*

*Cognitive Therapy and Research, 2010-present*

*Journal of Abnormal Psychology, 2008-present*

*Journal of Clinical Psychology, 2009-present*

*Journal of Clinical Child and Adolescent Psychology, 2011-present*

*Journal of Comprehensive Psychiatry, 2011-present*

*Journal of Consulting and Clinical Psychology, 2009, 2011*

*Journal of Social and Clinical Psychology, 2009-present*

*Journal of Psychiatric Research, 2012*

*Personality and Individual Differences, 2009, 2011*

*Personality Disorders: Theory, Research, and Treatment, 2010-present*

*Psychology and Psychotherapy: Theory, Research, and Practice, 2010*

## **PROFESSIONAL SOCIETY MEMBERSHIP**

Association for Behavioral and Cognitive Therapies (ABCT), 2005-present

American Psychological Association (APA) Division 12 – Society for Clinical Psychology, 2012

## **QUANTITATIVE PROFICIENCY**

Standard univariate and multivariate procedures, structural equation modeling, generalized linear modeling including zero-inflated Poisson regression, hierarchical linear modeling and hierarchical applications to other advanced modeling techniques, analysis of complex survey data, mixture modeling, and survival analysis.

## **TEACHING EXPERIENCE**

*Rutgers University*

Fall 2013: **Applied Latent Variable Analysis and Hierarchical Linear Modeling** for Graduate Students (N=16)

Spring 2012, 2013: **Abnormal Psychology** for Undergraduate Students (N=120)

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.6

Fall 2011-2013: **Adult Psychopathology** for Graduate Students (N=5-7)

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.8

*Florida State University*

August 2006 – August 2008: **Conditioning and Learning Lab**; 25-30 students/section

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.8

August 2008 – December 2008: **Research Methods Lab**; 25-30 students

Average Effectiveness Rating (1 [low] – 5 [high]) = 4.6

**STUDENT MENTORING AND ADVISING**

Rutgers University Graduate Students Mentored:

\*indicates served as primary mentor

\*Kara Fehling 2013 - present

\*Emily Panza 2012 – present

\*Amy Kranzler 2011 – present

Jessica Yu 2011 – present

Rutgers University Undergraduate Students Mentored: Maria Han (Project L/EARN – 2013), Diane Lee (2013- present), Kaye Ramirez (2013-present), Niru Natarajan (2013 – present), Arsalan Shawl (2013 – present), Allie Brereton (2012 – present), Samantha Arguetta (2012-present), Jessica Tennenbaum (2011 – 2013), Alex Hamilton (2012 – 2013), Jamie Parkin (2012 – 2013), Haroon Malik (2012 – 2013), Marko Lamela (2012 – 2013), Joshua Jussim (2012), Michael Zaurov (2012), Rommel Montilus (2012 – 2013), Dania Goodin (2011 – 2012), Andres Ramirez (Project RISE – 2012), Walter Fortson (Project L/EARN – 2012 – 2013)

Florida State University Undergraduate Students Mentored:

Anne Ward (2009) – Honors Thesis, awarded *Florida State University Undergraduate Research and Creativity Award, Honors in the Major*, Lovanna Connell (2009)

**SERVICE**

International Service

World Congress of Behavioral and Cognitive Therapies – Conference Content Reviewer, 2013

National Service

Association for Behavioral and Cognitive Therapies – Conference Content Reviewer, 2013

Rutgers University Service

Project L/EARN Disadvantaged Student Mentor 2012, 2013

Project RISE Disadvantaged Student Mentor 2012

Rutgers Psychology Department Service

Rutgers Clinical Psychology Alumni Networking Task Force – Chair, 2013

Psychology Club and Psi Chi Committee, Chair, 2012-present

Cognitive Behavioral Therapy Curriculum Committee, 2012

Psi Chi Faculty Advisor, 2012 – present  
Faculty Search Committee, 2012  
Faculty Search Committee, 2011  
Diversity Committee, 2011  
Statistics Committee, 2011

*Rutgers University – Ph.D. Graduate Student Dissertation Committees*

Kristin Bold – 2013  
Alex Redcay – 2013, School of Social Work  
Dominic Mocerri – 2012

*Rutgers University – Psy.D. Graduate Student Dissertation Committees*

Lauren Steffel – 2012

*Rutgers University – Masters Committees*

Christopher Wyszynski – 2014  
Sarah Mann – 2013  
Jessica Yu - 2013  
Amanda Carson-Wong – 2012  
Amy Kranzler – 2012 – Chair

*Rutgers University – Graduate Student Doctoral Qualifying Exams Committees*

Amy Kranzler – 2014, Chair  
Gwyne White - 2013  
Krysten Bold - 2012  
Lauren Pepa – 2012  
Krysten Williams – 2012  
Dominic Mocerri – 2011

**CLINICAL EXPERIENCE**

July 2010 – June 2011: *Psychology Resident, Brown University – Warren Alpert Medical School*, Clinical Psychology Internship Training Consortium.

Rotations:

Substance Abuse Treatment Program, Providence Veterans Affairs Medical Center  
Returning Veterans OIE/OEF Outpatient Sub-rotation  
Women’s Partial Hospitalization Program, Butler Hospital  
Psychiatric Emergency Room Sub-rotation  
Sleep and Anxiety Disorders Center, Rhode Island Hospital  
Pulmonary Sleep Medicine Clinic Sub-rotation  
Pediatric Sleep Disorders Clinic Sub-rotation

July 2008 – June 2010: **Crisis Management Unit**, Florida State University. On-call crisis intervention and evaluation for individuals experiencing suicidal, homicidal and psychotic symptoms.

August 2006 – August 2008: *Psychological Trainee*, **FSU Psychology Clinic**, Tallahassee, FL. Outpatient therapy and assessment for adults and children with a wide range of psychological disorders.

June 2007 – August 2008: *Psychology Intern*, **Eastside Psychiatric Hospital, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

June 2007 – August 2008: *Psychology Intern*, **Crisis Stabilization Unit, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

June 2007 – October 2007: *Psychology Intern*, **Forensic Rehabilitation Wing, Apalachee Center**, Tallahassee, Florida. Individual and group inpatient psychiatry service provision.

August 2006 – August 2007: Psychological Trainee, **Jackson Juvenile Offender Correction Center (JJOCC)**, Specialized Treatment Program. State of Florida Department of Juvenile Justice, Marianna, Florida. Individual, group, and assessment services.

August 2006 – August 2007: Psychological Trainee, **Arthur G. Dozier School for Boys**, Specialized Treatment Program. State of Florida Department of Juvenile Justice, Marianna, Florida. Individual service provision.

## **MEDIA COVERAGE**

### 2013

International Association for Suicide Research: <http://suicide-research.org/young-investigator>

### 2012

About.com: <http://stress.about.com/od/psychologicalconditions/a/rumination.htm>

About.com: <http://ptsd.about.com/od/glossary/g/Non-Suicidal-Self-Injury-Disorder.htm>

Bluepeople.com: <http://www.bluepeople.com/showthread.php?t=206718>

Commitment to Living: <http://commitmenttoliving.com/ctlblog/2013/3/14/affective-and-behavioral-dysregulation-key-in-adolescent-suicide-attempts>

### 2011

Goodtherapy.org: <http://www.goodtherapy.org/blog/non-suicidal-self-injury-nssi—should-it-be-included-in-dsm-v/>  
Florida State University: <http://artsandsciences.fsu.edu/Stories-and-events/Grad-student-receives-national-award-for-research-in-clinical-psychology>

Psychology Today: <http://www.psychologytoday.com/articles/201109/dodging-emotions-the-help-harms>

Rutgers Focus: <http://news.rutgers.edu/focus/issue.2011-11-29.5885625106/article.2011-12-05.3805236974>